

# Prayer & Reflection Worksheet

*Courage for the Next Step*

*“As I was with Moses, so I will be with you; I will never leave you nor forsake you.”*

**Joshua 1:5**

Use this page to name what feels uncertain, return to what is true about God, and prayerfully identify what belongs to today.

## 1. Name What Feels Uncertain

What part of the road do I wish I could see?

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What am I most afraid could happen?

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## 2. Return to What Is True

What does Joshua 1:5 remind me about God?

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Where have I already seen His faithfulness?

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## 3. Discern What Belongs to Today

### Mine to Carry Today

Responsibility, action, conversation, or question that belongs to today.

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### Not Mine to Carry Yet

Outcome, timing, or unanswered future question to leave with God.

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## 4. Pray and Respond

Father, the wisdom I need from You today is...

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The next faithful step that seems clear is...

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What I need to release back into Your hands is...

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### A simple prayer to carry with you

*“Lord, give me wisdom for what belongs to today and courage to trust You with what I cannot see.”*