

The Wisdom Check

A simple discernment exercise for when a situation requires a decision and the right choice is not clear.

Begin with James 1:5

God invites us to ask for wisdom when we do not know what to do. This practice is not about predicting the future. It is about slowing down, noticing what is shaping your choice, and asking what faithfulness looks like now.

1. Name the situation that requires a decision from you.

2. What are you most afraid might happen if you choose wrong?

3. What facts do you actually know right now?

You do not need to know the whole future to begin seeking wisdom.

Look at What Is Shaping the Choice

James 3:17 gives us a picture of wisdom from above. Use it as a lens, not a formula.

What may be influencing me?

- ☐ Fear or anxiety
- ☐ Pressure from someone else
- ☐ People-pleasing
- ☐ Pride or self-protection
- ☐ Urgency that may not be real

Which of these feels strongest right now?

What does godly wisdom look like?

- ☐ Pure in motive
- ☐ Peaceable
- ☐ Gentle
- ☐ Open to reason
- ☐ Merciful and fruitful
- ☐ Sincere

4. Is there anything in Scripture that clearly guides or limits this choice?

5. What do one or two wise, trustworthy people see that you may be missing?

Choose the Faithful Next Step

The goal is not perfect certainty. The goal is to make the wisest, most faithful choice you can with what you know today.

6. Which option best reflects honesty, responsibility, love, humility, and wisdom?

7. What would you choose if fear were not making the decision for you?

8. What is the most faithful next step you can take now?

A SIMPLE PRAYER

God, give me wisdom for the choice I need to make. Show me what is shaping my thinking, help me recognize what is faithful, and give me courage to move without demanding perfect certainty.

Ask for wisdom. Look for its fruit. Take the faithful step.